



# RETURNING TO PLAY STAGE GUIDELINES



This staged return-to-play gives England Touch's clubs and the Touch community a structure which is flexible to respond quickly to government advice and the latest coronavirus circumstances

## ▼ AT ALL TIMES ▼

Maintain good hygiene, eg washing hands as often as possible

Wash balls and equipment before and after sessions

Keep details of who trains in group sessions for contact tracing

Upskill with England Touch's online coaching, referee and CPD courses

Head to [englandtouch.org.uk/coronavirus](https://englandtouch.org.uk/coronavirus) for the latest updates

### CURRENT STAGE



## STAGE 1 PREPARE

- Personal fitness and skills
- Outside activities with other household members only
- Online training with England Touch



## STAGE 2 TRAIN

- Small group working
- Maintain social distance
- Multiple groups at venues
- No mixing groups (same group sticks together)
- Fitness / skills, no contact
- Minimal equipment sharing
- Online training with England Touch



## STAGE 3 PLAY

- Normal Touch rules apply
- Club training, including intra-club matches
- Local leagues - ie teams from the same town - return
- Larger groups up to 30 people



## STAGE 4 LOCAL

- Playing in your local area/region
- 1. Fixtures between 2 teams from different towns, then
- 2. Local tournaments up to 4 teams



## STAGE 5 REGIONAL

- Regional tournaments up to 8 clubs
- Provision of Regional Development Series
- In-person coaching/ referee courses at regional locations



## STAGE 6 NATIONAL

- Full national travel
- National Touch Series tournaments
- High Performance squad training
- In-person coaching/ referee courses nationwide