



This staged return-to-play gives England Touch's clubs and the Touch community a structure which is flexible to respond quickly to government advice and the latest coronavirus circumstances

AT ALL TIMES

Maintain good hygiene, eg washing hands as often as possible

Wash balls and equipment before and after sessions

Keep details of who trains in group sessions for contact tracing

Upskill with England Touch's online coaching, referee and CPD courses

Head to **englandtouch.org.uk/ coronavirus** for the latest updates



# STAGE 1 PREPARE

Personal fitness and skills

with other household members only

Outside activities

Online training with England Touch



# STAGE 2 TRAIN

Small group working

Maintain social distance

Multiple groups at venues

No mixing groups (same group sticks together)

Fitness / skills, no contact

Minimal equipment sharing

Online training with England Touch



### STAGE 3

#### **PLAY**

Full contact training, including games

Larger groups in training

Limited group travel between towns/areas

Online training with England Touch

Delivery of courses at your club



#### STAGE 4

### LOCAL

Playing in your local area/region

- **1.** Fixtures between 2 teams, then
- 2. Local tournaments up to 4 teams



### STAGE 5

#### REGIONAL

Regional tournaments up to 8 clubs

Provision of Regional Development Series

In-person coaching/ referee courses at regional locations



# STAGE 6 NATIONAL

Full national travel

National Touch Series tournaments

High Performance squad training

In-person coaching/ referee courses nationwide