STARTING A MATCH
x3 CHOICES

DIRECTION

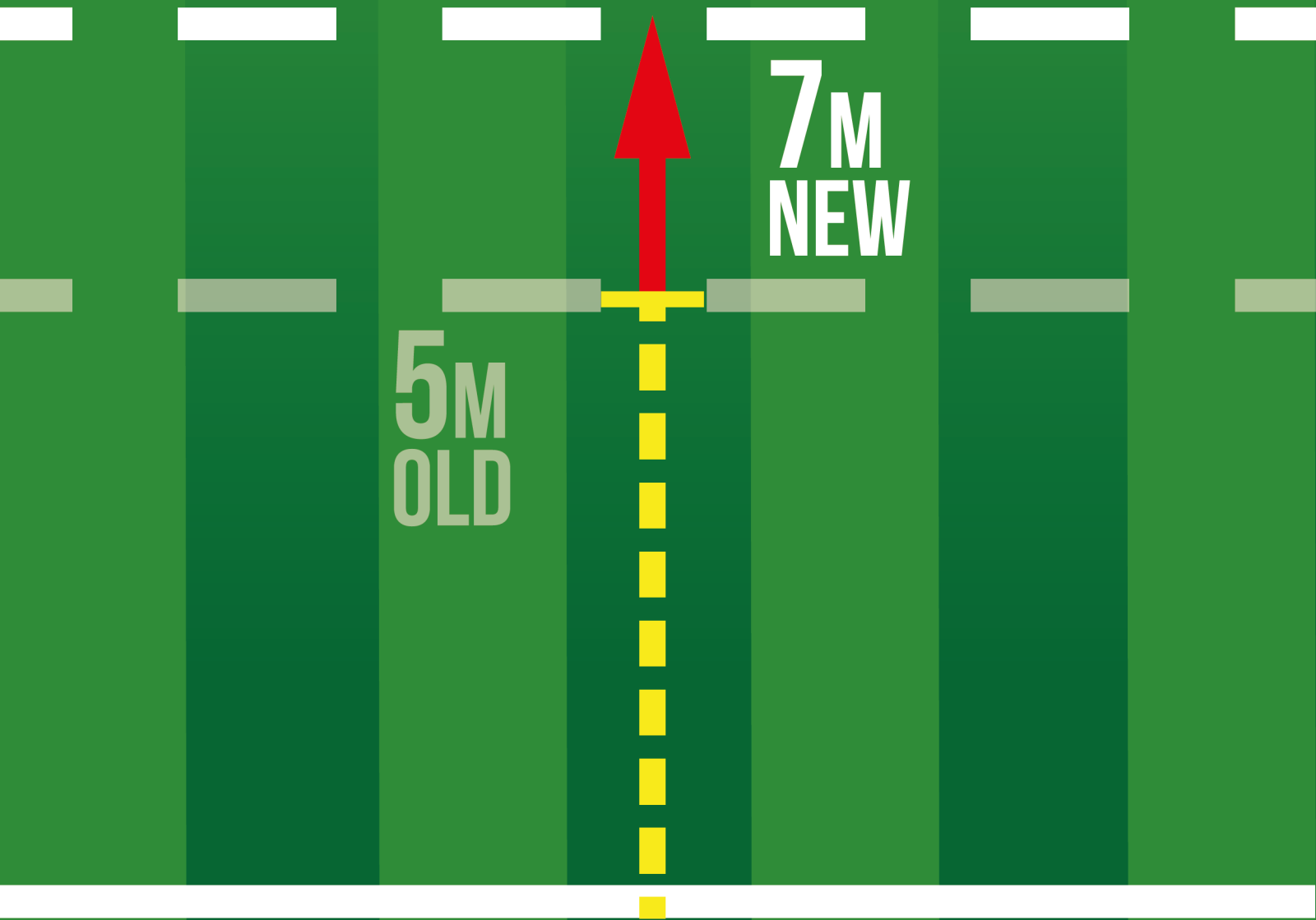SUB BOX

? TAP

SUB BOX

DIRECTION

ENGLAND TOUCH

ONSIDE DISTANCE
5M TO 7M

7M
NEW

5M
OLD

TERMINOLOGY
A SCORE = TRY

ENGLAND TOUCH

TRY
~~TOUCHDOWN~~

TERMINOLOGY
SCORELINE = TRYLINE

TRYLINE

~~SCORELINE~~

ENGLAND TOUCH

TERMINOLOGY
TOUCHDOWN AREA
= IN GOAL AREA

IN GOAL AREA

~~TOUCHDOWN AREA~~

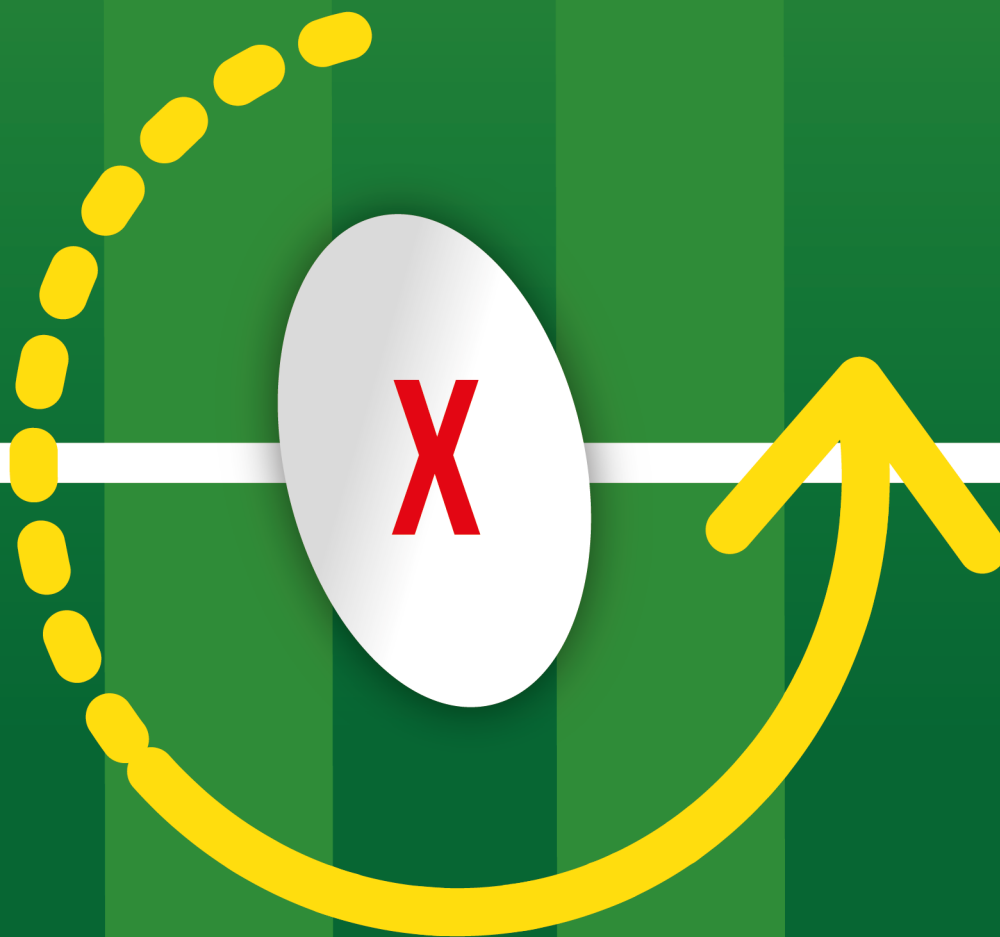ENGLAND TOUCH

INCORRECT RESTART
FURTHER ATTEMPT

INTERCEPTIONS
= 0 TOUCH COUNT
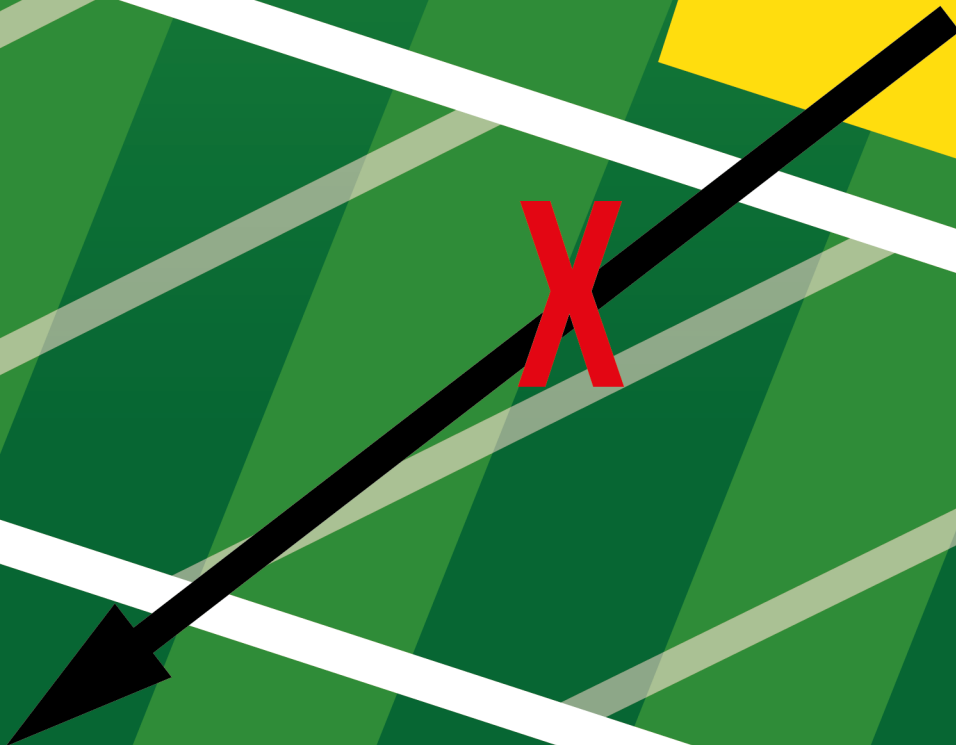
TERMINOLOGY
A PERIOD OF TIME = SIN BIN

SIN BIN
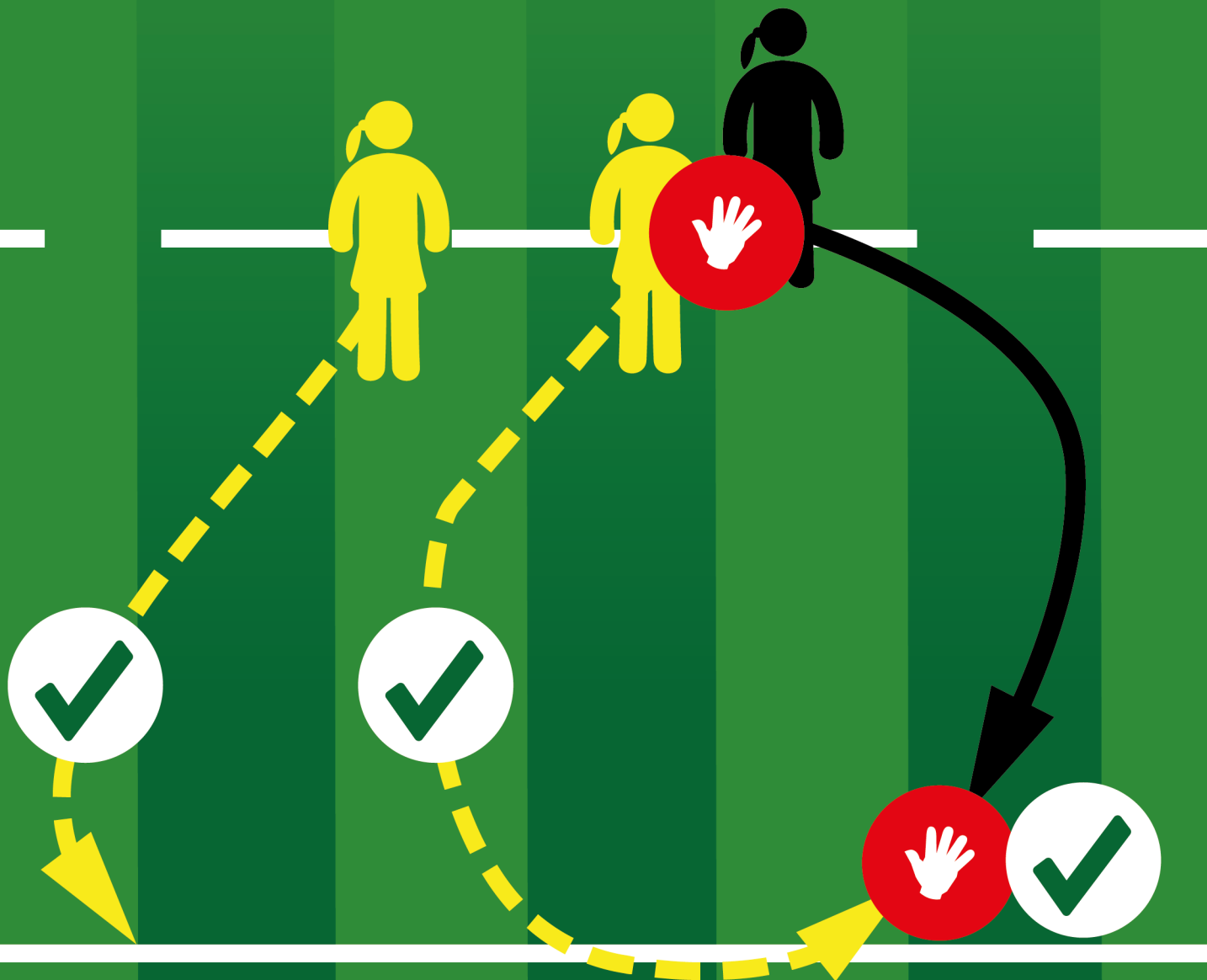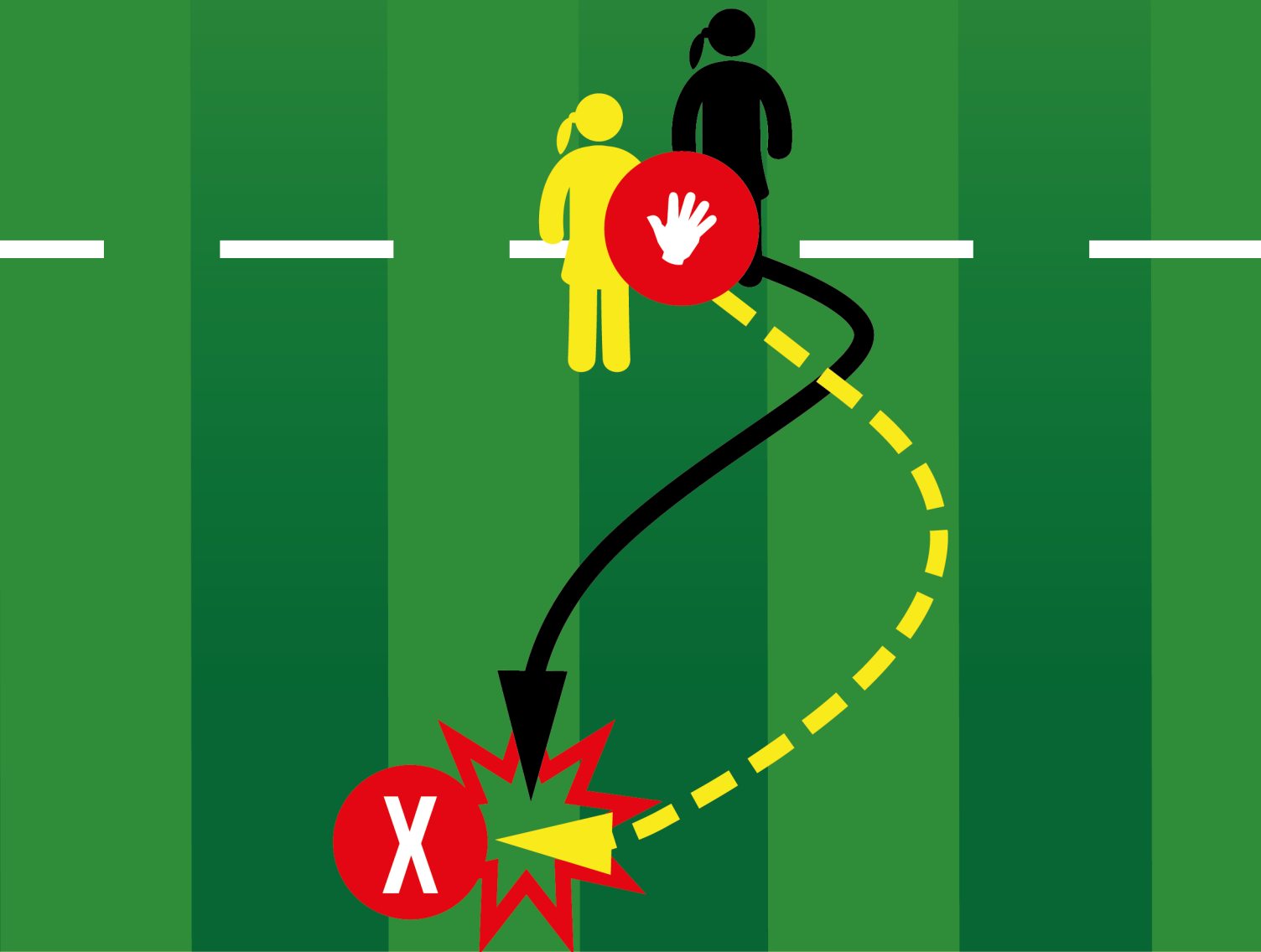
~~A PERIOD OF TIME~~
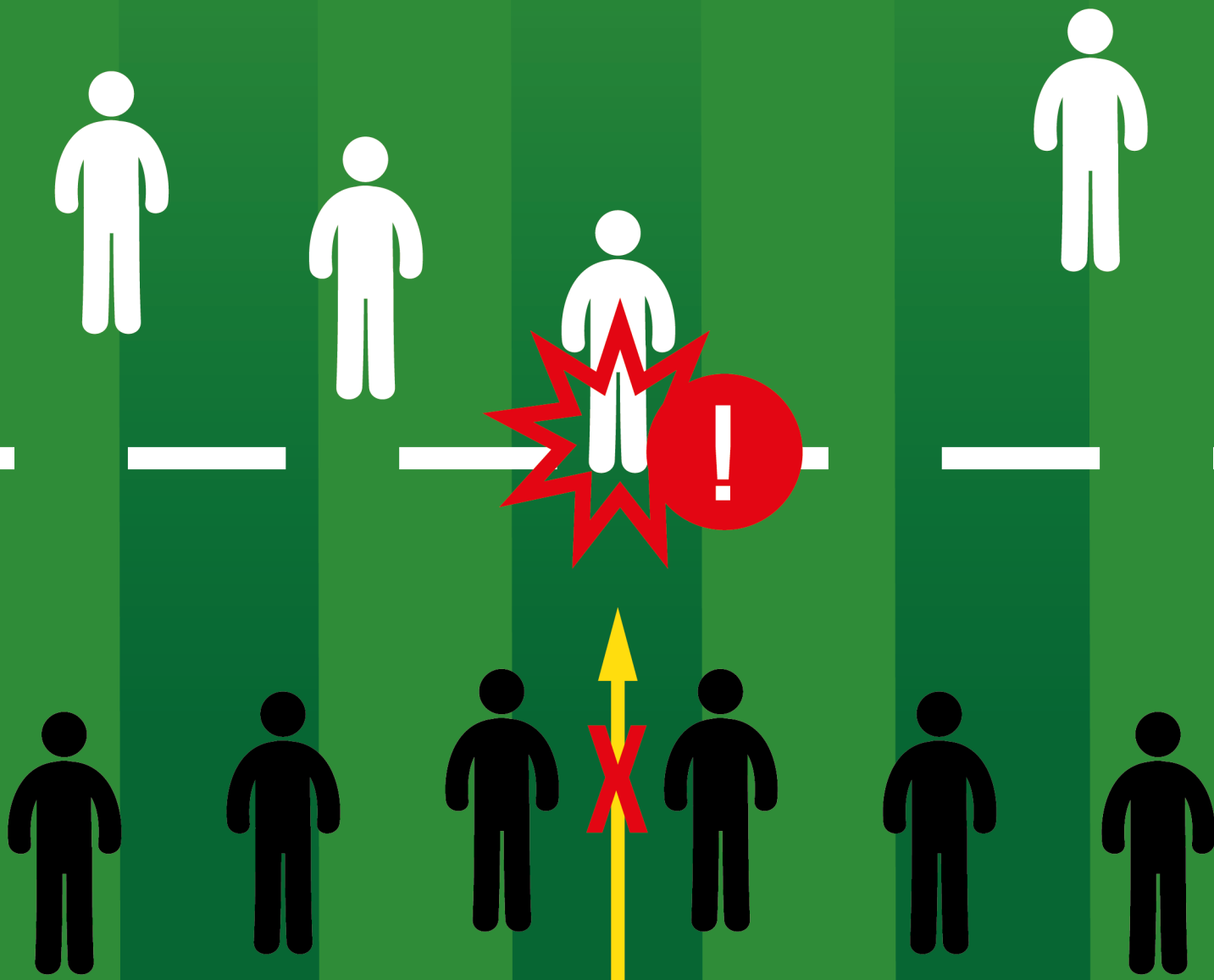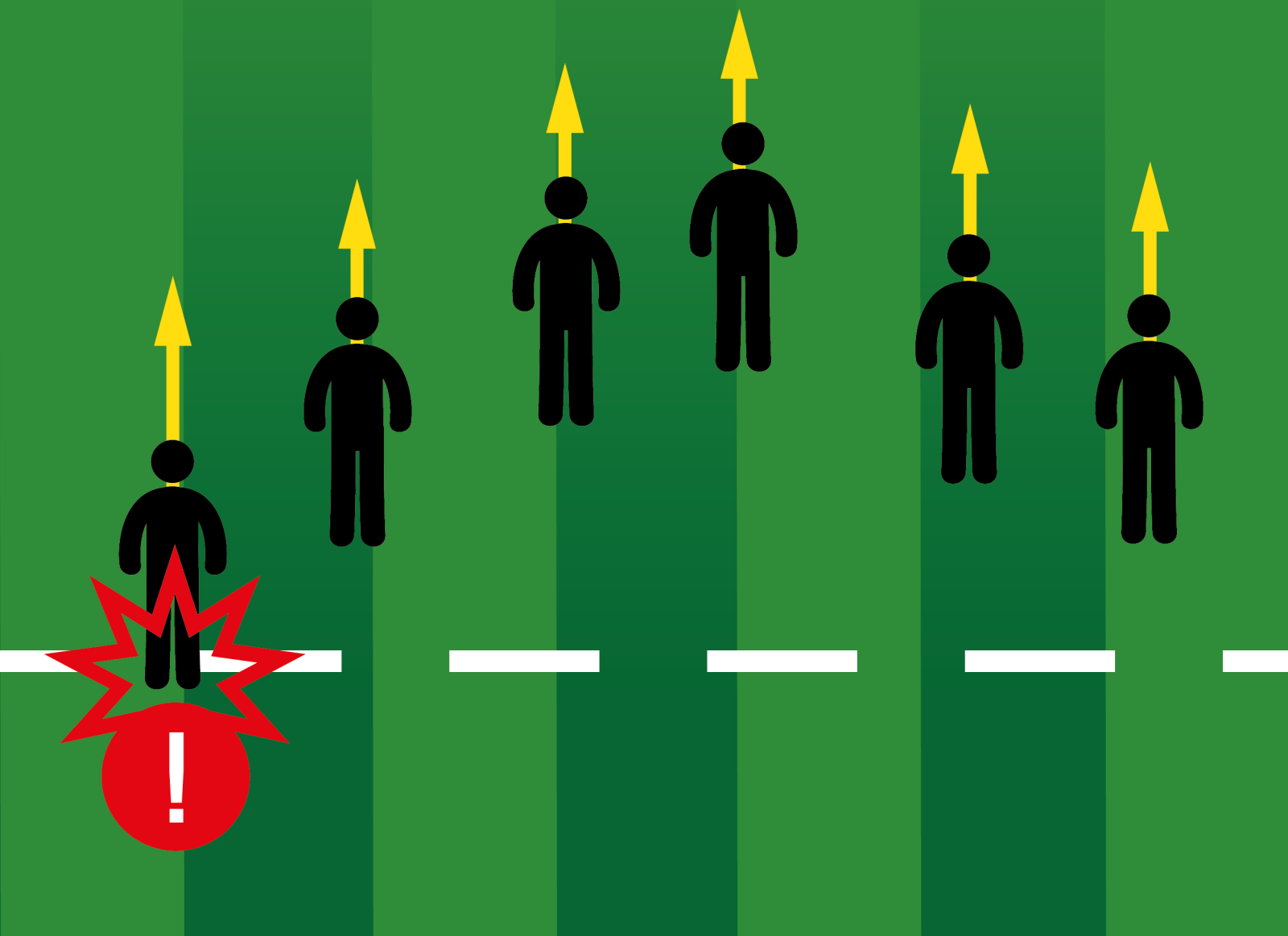
SIN BIN

x4 COMPLETED POSSESSIONS

OFFSIDE RETREAT
'DEVIATION' REMOVED

OFFSIDE OBSTRUCTION = PENALTY

ATTACK ENTER THE 7M
NO ADVANCE REQUIRED

ENGLAND TOUCH
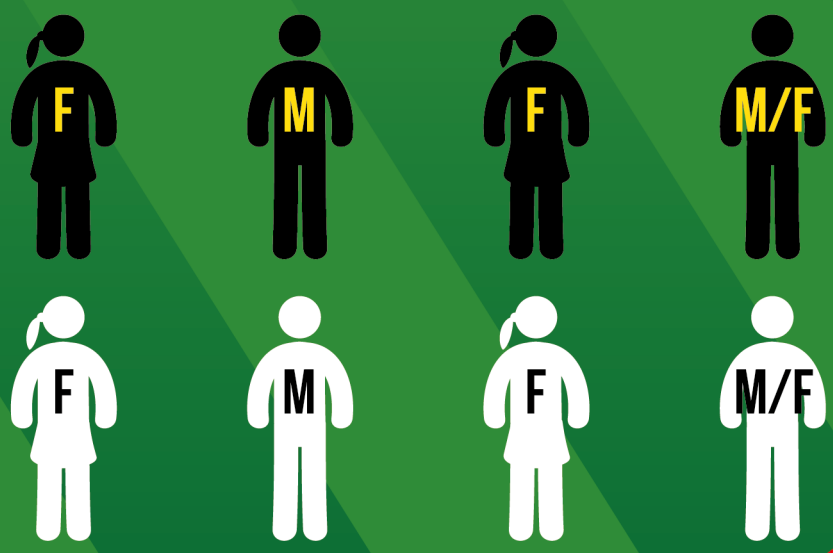
DEFENCE ENTER THE 7M MUST ADVANCE

LINE D PENALTIES
x3 STRIKES = SIN BIN

ENGLAND TOUCH

DROP OFF
EXTRA TIME = 2MIN

F **M** **F** **M/F**

F **M** **F** **M/F**

2MIN 4v4

3v3

M **F** **M/F**

M **F** **M/F**

ENGLAND TOUCH
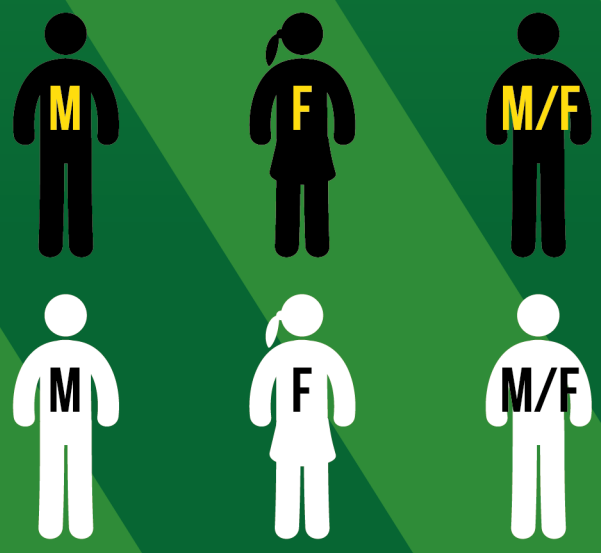
SUBBING
NO INTERCHANGE
ON A BREAKAWAY